



INTRODUCTION

Message From Our Manager

Welcome to our Autumn newsletter. We have enjoyed a busy few months at Kingsacre, with residents making the most of the summer weather, getting out and about in the local area and enjoying plenty of entertainment and activities here at home.

Our Summer Fete was a particular highlight and it was wonderful to welcome families and friends to join us in the garden. Residents have also enjoyed trips to Loch Lomond Shores and a local café, community events and visits from some very special four-legged guests.

We hope you enjoy catching up on what we have been doing and seeing a little more of everyday life at Kingsacre.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Sign Up Link](#)

Best wishes,

Nicola Dow
Home Manager



ACTIVITIES & EVENTS

Summer Fete

On 1st August, we welcomed residents, relatives, friends and staff for our annual Summer Fete. Thankfully, the weather was on our side, allowing us to make full use of our lovely garden and enjoy the celebrations outdoors.

There was plenty happening throughout the day, with good food, drinks, music and dancing giving everyone the chance to relax and spend time together. Events like this are an important part of life at Kingsacre, bringing our wider community together and giving families the opportunity to join residents for a special afternoon.

Thanks to everyone's generosity, **we raised more than £1,500**. The money was shared between our residents' fund, helping us continue to provide activities and experiences for those living at Kingsacre, and our charity partner, Caring for Carers.

A big thank you to everyone who supported the day, whether by attending, donating, helping behind the scenes or simply joining in.



An Afternoon at the Café

Sometimes a simple afternoon out can be just what is needed, and a group of residents recently enjoyed a visit to Goals, a local café, for tea and cake.

Over a cuppa, conversation soon turned to days gone by, with residents reminiscing about the cafés and tearooms they used to visit and the places where they would meet friends for a catch-up.

Outings like this give residents a change of scenery and the chance to continue enjoying familiar everyday experiences. It was a relaxed afternoon with good company, plenty of conversation and, of course, something sweet to enjoy.



A Day at Loch Lomond Shores

We were treated to beautiful weather for our recent trip to Loch Lomond Shores, giving residents the perfect opportunity to enjoy one of Scotland's best-known beauty spots.

With the sun shining, there was time to take in the views and enjoy being outdoors together. Getting away from the home for the day is always popular and gives residents the chance to visit familiar places as well as discover somewhere different.

After enjoying the surroundings, we rounded off the afternoon with tea and cake at a local café before heading home. It was a lovely day out and one we hope to repeat.

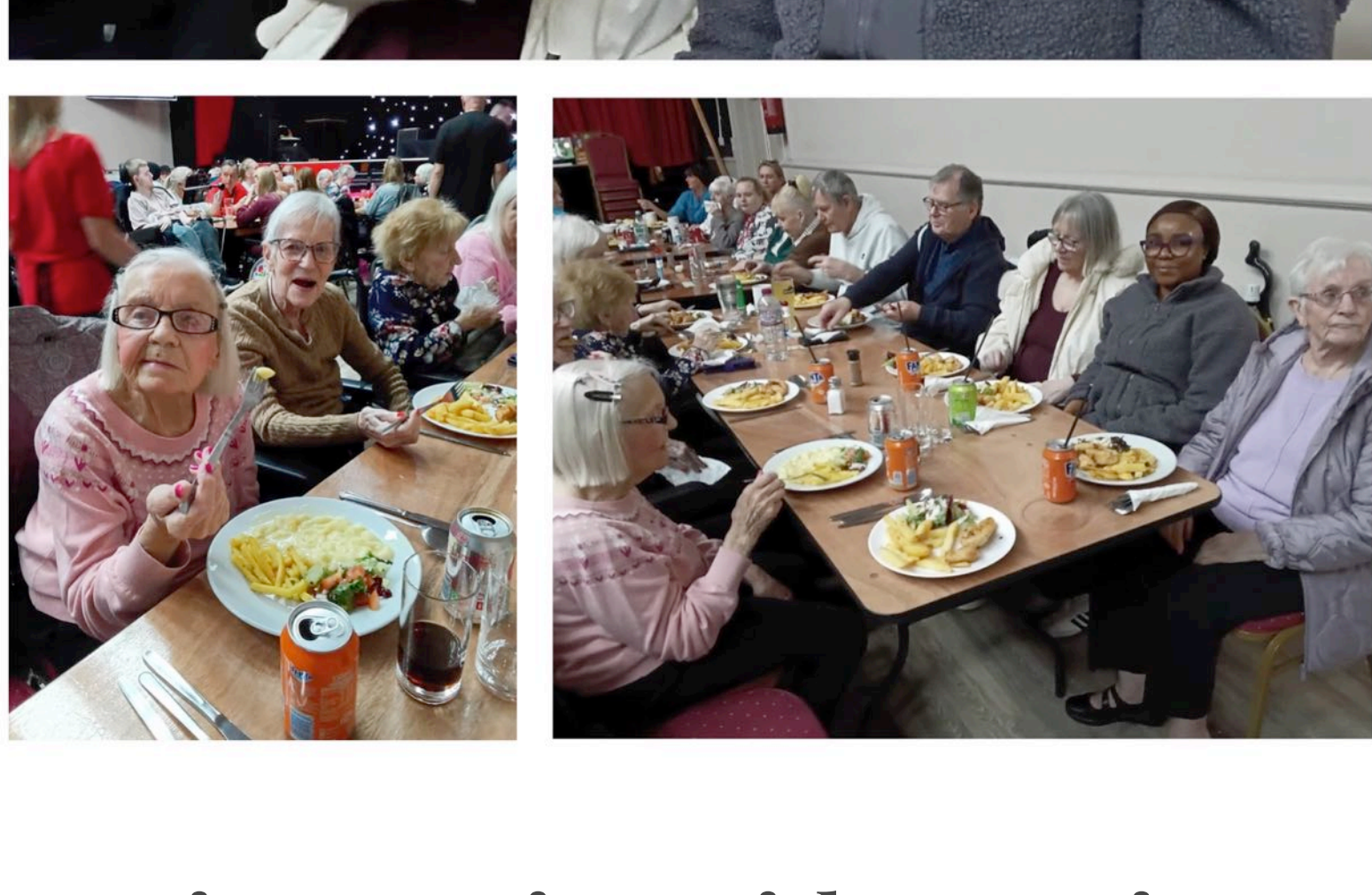


Golden Friendships

We were delighted to receive another invitation to attend a Golden Friendships event in Clydebank.

Residents enjoyed lunch before joining in with music, singing and dancing. These events are always welcoming and provide a great opportunity to meet and chat with people from the wider community.

Maintaining those community connections is an important part of life at Kingsacre, and we are pleased to be able to offer residents opportunities to get out, meet others and continue enjoying social occasions beyond the home.



Keeping Moving with Maggie's

Line Dancers

Maggie's Line Dancers returned for another popular session, bringing plenty of music and movement with them.

Residents were encouraged to join in at a level that suited them, making the session a fun way to keep active while enjoying some familiar music. Dancing can be a great form of gentle exercise, supporting movement and coordination while also providing a social activity everyone can enjoy together.

Maggie and her team are brilliant at getting everyone involved and, even when a few steps go in the wrong direction, that is all part of the enjoyment. We are always pleased to welcome them back.



A Visit from Wilson and Flicker

There was plenty of interest around the home when Wilson and Flicker, two miniature Shetland ponies from Therapy Ponies Scotland, came to visit.

The ponies spent time with residents in our lounges before making individual visits to residents who preferred to remain in their bedrooms. This meant everyone who wanted to meet Wilson and Flicker had the opportunity to do so.

Their calm and gentle nature made for a relaxing morning, with residents able to stroke the ponies and spend some quiet time with them. Animal visits are always popular and can be particularly comforting for residents who have fond memories of keeping animals or spending time around them earlier in life.

Wilson and Flicker were very welcome visitors and we look forward to seeing them again.



COMING UP

Looking Ahead

As we move further into autumn, we will continue to make sure there is a varied programme of activities, entertainment and outings for residents to choose from.

Whether it is getting out into the local community, welcoming visitors and entertainers into the home, keeping active or simply spending time together over a cup of tea, our aim is to provide opportunities that reflect residents' different interests and preferences.

With the festive season also getting closer, there will soon be plenty more happening around the home. We look forward to sharing our plans and keeping families updated with all the latest news from Kingsacre.

EXTERNAL LINKS

Social Media

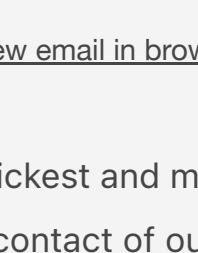
Make sure to check out the Kingsacre Care Home Facebook Page for all our latest photos!

[Don't Forget To 'Like' Us!](#)

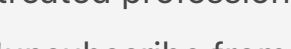
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[Carehome.co.uk](#) & [Google Reviews](#)



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